

2003 RIDE SCHEDULE

- Sat Apr 5 **Gays River – Stewiacke**
Meet at Enfield Big Stop 10AM 75KM
- Sun Apr 13 **Wolfville-Roubaix**
Port Williams 11AM 75KM
- Sun Apr 20 **Brooklyn – Stanley**
St. Croix carpool lot 9AM 100KM
- Sat Apr 26 **Rawdon – Shubenacadie**
Elmsdale Tim's 9AM 120KM
- Sat May 3 **Spring Century**
Grahams Grove 8AM 160KM
- Sat May 10 **Wentworth – Tatamagouche – Nuttby**
Lower Onslow 9AM 135KM
- Sat May 17 **New Germany – Northfield**
Mahone Bay 9AM 120KM
- Sat May 24 **Coldbrook – Annapolis – Coldbrook Brevet**
Pre-register by Thursday – Mark 455-2878
Coldbrook Tim's 8AM 200KM
- Sat May 31 **Windsor – Berwick – Chester Brevet**
Pre-register by Thursday – Mark 455-2878
Halifax Rotary 6AM 300KM
- Sat Jun 7 **Bridgewater – Keji – Annapolis Brevet**
Pre-register by Thursday – Mark 455-2878
Halifax rotary midnight 400KM

RANDONNEURS NOVA SCOTIA

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- Sat Jun 14 **Kennetcook – Maitland Loop**
Graham's Grove 7AM 200KM
- Sat Jun 21/
Sun Jun 22 **Sheet Harbour – Pictou – Amherst Brevet**
Pre-register by Sun June 14 - Mark 455-2878
Grahams Grove 5AM 600KM
- Sat Jul 5 **Windsor – White Rock - New Ross**
Windsor waterfront Tims 9am 125km
- Sat Jul 12 **Noel Shore In A Day**
Halifax rotary 6AM 250KM
- Sat Jul 26/
Sun Jul 27 **Sherbrooke – Antigonish - Stellarton**
overnight in Antigonish
Grahams Grove 5AM 500KM
- Sat Sept 6 **Double Century**
Organized by VHBC
Halifax rotary 3AM 320KM
- Sun Sept 21 **Joseph Howe Century Tour**
Organized by VHBC
Grahams Grove 7:30AM 160KM
- Sun Oct 5 **Annapolis Valley Double Metric**
Organized by VHBC
Coldbrook Tim's 8AM 200KM
- Sun Oct 19 **Jeddore Century Plus**
Organized by VHBC
Grahams Grove 8:30AM 180KM

LONG DISTANCE CYCLING CLUB

Randonneurs Nova Scotia Long Distance Cycling Club

What is Randonneuring? In a nutshell, randonneur cycling is long-distance non-competitive cycling. Riders “compete” against time, distance, and the elements instead of against each other. The emphasis is on riding as a group, to share the draft and achieve long distances comfortably. Whether you come from a commuting, touring, recreational, or racing background, long-distance cycling offers a new challenge.

Brevet Series: A “brevet” is a special ride, over a pre-set route and distance, which must be completed within designated time limits with check-ins at control points. Your completed brevet control card will be forwarded to the world-wide sport-governing body, les Randonneurs Mondiaux in France, to earn medals to recognize your accomplishment.

We welcome new members. Riders interested in long-distance cycling should be fit and self-sufficient cyclists. Riders should be capable of maintaining their own bicycles and should carry sufficient tools, food, and clothing to complete the ride. For rides which start or finish after dark, proper lighting and reflective clothing is mandatory. We can advise you on equipment selection and gearing choices.

Club membership: You must be a club member to participate in club rides and brevet rides. Annual membership is \$40 per year, or \$20 for those who hold a BNS general membership card or a BNS racing license. You can join the club at any club ride, or phone:

President: Mark Beaver 455-2878
mark@cyclesmith.ca
Vice-President: Dawn Gillingham 443-5753
aurorabikes1@aol.com



2003 RIDE SCHEDULE

dedicated to the promotion of long-distance non-competitive cycling in Nova Scotia



Affiliated with Bicycle Nova Scotia
and the Canadian Cycling Association

www.bicycle.ns.ca/clubs/randonneurs