

RANDONNEURS NOVA SCOTIA 2007 RIDE SCHEDULE

Sat Apr 7	Gay's River - Stewiacke Elmsdale Tim's 10 AM 70KM
Sat Apr 14	Brooklyn - Stanley St. Croix carpool lot 10AM 85KM
Sat Apr 21	Newburne – New Ross Chester Basin 10AM 100KM
Sat Apr 28	Dollar Lake Loop Graham's Grove 9AM 120KM
Sat May 5	Beaverbank - Rawdon Graham's Grove 9AM 160KM
Sat May 12	Wentworth – Scotsburn 200k Brevet Lower Onslow 8AM 200KM Wentworth – Nuttby Lower Onslow 8AM 130KM
Sat May 19	Fleche Maritime (team 24-hour randonnee) Pre-registration only – by May 5th
Sat May 19	Shubenacadie – South Maitland Stewiacke Tim's 10AM 100KM
Sat May 26	Blomidon – Chester 200k Brevet Windsor waterfront Tim's 8AM 200KM Blomidon – New Ross Windsor waterfront Tim's 8AM 140KM
Sat June 2	Sheet Harbour – Brookfield 300km Brevet Graham's Grove 6AM 300KM Middle Musquodoboit loop Graham's Grove 6AM 160KM
Sat June 9	Keji – Annapolis 400k Brevet Armdale Rotary MIDNIGHT 400KM Rawdon – Milford Armdale Rotary 7AM 180KM

LONG DISTANCE CYCLING CLUB 2007 RIDE SCHEDULE

Sat June 16	Riverview – Sussex - Alma Riverview, NB 8AM 200KM
Sat June 23/ Sun June 24	Antigonish - Parrsboro 600k Brevet Graham's Grove 5AM 600KM
Sat June 30	Cabot Trail In A Day Margaree Harbour 6AM 300KM
Sat June 30	Kentville – New Ross Windsor waterfront Tim's 10AM 120KM
July 7-8-9	Rexton – Chipman 1000km Brevet Graham's Grove 5AM 1000KM
Sat July 21	Noel Shore In A Day Halifax Rotary 6AM 250KM
Sat Aug 4	PEI Tip-To-Tip – Fundraiser Ride Organized by Summerside Cycling Club Details TBA 280KM
Sat Aug 11	Truro – Pictou – Upper Stewiacke Brookfield 9AM 160KM
Sat Sept 1	Cabot Trail In A Day Margaree Harbour 6AM 300KM
Sat Sept 8	New Germany - Newburne Mahone Bay 9AM 120KM
Sat Sept 29	Wentworth – Williamsdale Glenholme 9AM 165 KM
Sat Oct 6	Stanley - Rawdon St Croix 10AM 100KM
Sat Oct 13	Beaverbank - Hillsvale Sunnyside Tim's 10AM 100KM

Randonneurs Nova Scotia Long Distance Cycling Club

What is Randonneuring? In a nutshell, randonneur cycling is long-distance non-competitive cycling. Riders "compete" against time, distance, and the elements instead of against each other. The emphasis is on riding as a group, to share the draft and achieve long distances comfortably. Whether you come from a commuting, touring, recreational, or racing background, long-distance cycling offers a new challenge.

Brevet Series: A "brevet" is a special ride, over a pre-set route and distance, which must be completed within designated time limits with check-ins at control points. Pre-registration is required. Your completed brevet control card will be forwarded to the world-wide sport-governing body, les Randonneurs Mondiaux in France, to earn medals to recognize your accomplishment.

We welcome new members. Riders interested in long-distance cycling should be fit and self-sufficient cyclists. Riders should be capable of maintaining their own bicycles and should carry sufficient tools, food, and clothing to complete the ride. For rides that start or finish after dark, proper lighting and reflective clothing is mandatory. We can advise you on equipment selection and gearing choices.

Club membership: You must be a club member to participate in club rides and brevet rides. Annual membership is \$40 per year, or \$20 for those who already hold a BNS general membership card or a BNS racing license. You can join the club at any club ride, or phone:

Mark Beaver 455-2878 (h) 425-1756 (w)
Dave Ross 860-0520 (h) 454-3576 (w)



2007 RIDE SCHEDULE

dedicated to the promotion of long-distance non-competitive cycling in Nova Scotia

www.bicycle.ns.ca/clubs



Affiliated with Bicycle Nova Scotia and the Canadian Cycling Association



Affiliated with the Audax Club Parisien and the Randonneurs Mondiaux