

RANDONNEURS NOVA SCOTIA 2014 RIDE SCHEDULE

Sat Mar 29	Lucasville – Fall River Armdale roundabout 10AM 65KM
Sat Apr 5	Minesville – Seaforth Graham's Grove 10AM 75KM
Sat Apr 12	East Gore – Georgefield Elmsdale 10AM 85KM
Sat Apr 19	Hillsvale – Beaver Bank Bedford 10AM 100KM
Sat Apr 26	Wittenburg – Upper Stewiacke Milford 9AM 125KM
Sat May 3	Lake Egmont – Meagher's Grant century Graham's Grove 9AM 160KM
Sat May 10	Wentworth – Scotsburn 200k brevet Lower Onslow 8AM 200KM
Sat May 17	"Fleche Atlantic" team distance challenge Pre-register by May 1st
Sat May 24	Kennetcook – South Maitland 200k Brevet Graham's Grove 8AM 200KM
Sat May 31	Vaughan – Wittenburg 300k Brevet Armdale roundabout 6AM 300KM
Sat June 7	Moose River – Trafalgar 400k Brevet Graham's Grove midnight 400KM
Sat June 14	New Ross – Newburne Chester Basin 10AM 100KM
Sat Jun 21/ Sun Jun 22	Noel – Parrsboro 600k Brevet Armdale roundabout 6AM 600KM
Sat June 28	Peggy's Cove loop Armdale Roundabout 9AM 95KM

LONG DISTANCE CYCLING CLUB 2014 RIDE SCHEDULE

Sat July 5/ Mon July 7	Guysborough – Cheticamp 1000k Brevet Graham's Grove 5AM 1000KM
Sat July 19	Nuttby – Eastville century Brookfield 9AM 160KM
Sat Aug 2	Tri-Province Tour Caribou ferry 6AM 285KM
Sun Aug 10	Heart Of The Valley Century Ride Organized by the town of Middleton Middleton 9AM 25KM/50KM/100KM/160KM
Sat Aug 23	Clam Harbour loop Graham's Grove 9AM 160KM
Sat Sept 13	Lunenburg – Bridgewater Lunenburg 9AM 100KM
Sun Sept 21	"Joseph Howe Century Tour" Nova Scotia's most popular 100 mile ride Organized by Velo Halifax Bicycle Club Graham's Grove 8AM 160KM
Sat Sept 27	Windsor – Blomidon 200k Brevet Mount Uniacke 8AM 200KM
Sat Oct 4	The Cabot Trail Pre-registration only 300KM
Sat Oct 11	Collingwood – Wentworth Glenholme 9AM 150KM
Sat Oct 18	New Germany – Northfield Mahone Bay 10AM 115KM
Sat Oct 25	Hubbards 'n back Armdale roundabout 10AM 100KM
Sat Nov 1	Three Fathom Harbour Graham's Grove 10AM 75KM

Randonneurs Nova Scotia Long Distance Cycling Club

What is Randonneuring? In a nutshell, randonneur cycling is long-distance non-competitive cycling. Riders “compete” against time, distance, and the elements instead of against each other. The emphasis is on riding as a group, to share the draft and achieve long distances comfortably. Whether you come from a commuting, touring, recreational, or racing background, long-distance cycling offers a new challenge.

Brevet Series: A “brevet” is a special ride, over a pre-set route and distance, which must be completed within designated time limits with check-ins at control points. Your completed brevet control card will be forwarded to the world-wide sport-governing body, les Randonneurs Mondiaux in France, to earn medals to recognize your accomplishment.

We welcome new members. Riders interested in long-distance cycling should be fit and self-sufficient cyclists. Riders should be capable of maintaining their own bicycles and should carry sufficient tools, food, and clothing to complete the ride. For rides that start or finish after dark, proper lighting and reflective clothing is mandatory. We can advise you on equipment selection and gearing choices.

Club membership: You must be a club member to participate in club rides and brevet rides. Annual membership is \$45 per year, or \$15 for those who already hold a BNS general membership card or a BNS racing license. You can join the club at any club ride, print off the application form from our website, or phone:

contact: Mark Beaver 455-2878
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www.randonneurs.ns.ca



2014 RIDE SCHEDULE

dedicated to the promotion of long-distance non-competitive cycling in Nova Scotia



Affiliated with Bicycle Nova Scotia
and the Canadian Cycling Association

www.randonneurs.ns.ca

