

RANDONNEURS NOVA SCOTIA 2015 RIDE SCHEDULE

Sat Apr 4	Minesville – Seaforth Graham's Grove 10AM 75KM
Sat Apr 11	Gay's River – Stewiacke Elmsdale 10AM 75KM
Sat Apr 18	Stanley – Brooklyn St. Croix 10AM 85KM
Sat Apr 25	Nine Mile River – Rawdon Graham's Grove 10AM 120KM
Sat May 2	Lake Egmont – Meagher's Grant century Graham's Grove 9AM 160KM
Sat May 9	Windsor – Chester 200k brevet Armdale roundabout 8AM 200KM
Sat May 16	Kennetcook – Maitland 200k Brevet Graham's Grove 8AM 200KM
Sat May 23	Wittenburg – Vaughan 300k Brevet Graham's Grove 6AM 300KM
Sat May 30	"Fleche Atlantic" team distance challenge Pre-register by May 10th
Sat June 6	Middleton – Bridgewater 400k Brevet Graham's Grove midnight 400KM
Sun June 14	Kennetcook River Windsor 10AM 110KM
Sat Jun 20/ Sun Jun 21	Sherbrooke – Pictou 600k Brevet Armdale roundabout 6AM 600KM
Sat June 27	Peggy's Cove loop Armdale Roundabout 9AM 95KM

LONG DISTANCE CYCLING CLUB 2015 RIDE SCHEDULE

Sat July 4	Camperdown – Lahave Mahone Bay 10AM 120KM
Sat July 11/ Mon July 13	South Shore 1000k Brevet Armdale Roundabout 5AM 1000KM
Sat July 25	Masstown – Parrsboro 200k Masstown 8AM 200KM
Sun Aug 9	Heart Of The Valley Century Ride Middleton 160 KM
Sun Aug 16/ Thurs Aug 20	Paris – Brest – Paris 1200 France
Sat Sept 12	Lunenburg – Bridgewater Lunenburg 9AM 100KM
Sun Sept 20	"Joseph Howe Century Tour" Graham's Grove 8AM 160KM
Sat Sept 26	Windsor – Blomidon 200k Brevet Mount Uniacke 8AM 200KM (130KM option)
Sat Oct 3	East Gore – Georgefield Elmsdale 10AM 90KM
Oct 10-11-12	Parrsboro Century weekend Parrsboro
Sat Oct 17	New Germany – Northfield Mahone Bay 10AM 115KM
Sat Oct 24	Hubbards 'n back Armdale roundabout 10AM 100KM
Sat Oct 31	Three Fathom Harbour Graham's Grove 10AM 75KM

Randonneurs Nova Scotia Long Distance Cycling Club

What is Randonneuring? In a nutshell, randonneur cycling is long-distance non-competitive cycling. Riders “compete” against time, distance, and the elements instead of against each other. The emphasis is on riding as a group, to share the draft and achieve long distances comfortably. Whether you come from a commuting, touring, recreational, or racing background, long-distance cycling offers a new challenge.

Brevet Series: A “brevet” is a special ride, over a pre-set route and distance, which must be completed within designated time limits with check-ins at control points. Your completed brevet control card will be forwarded to the world-wide sport-governing body, les Randonneurs Mondiaux in France, to earn medals to recognize your accomplishment.

We welcome new members. Riders interested in long-distance cycling should be fit and self-sufficient cyclists. Riders should be capable of maintaining their own bicycles and should carry sufficient tools, food, and clothing to complete the ride. For rides that start or finish after dark, proper lighting and reflective clothing is mandatory. We can advise you on equipment selection and gearing choices.

Club membership: Download the membership application at <http://www.randonneurs.ns.ca/Resources>

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2015 RIDE SCHEDULE

Dedicated to the promotion of long-distance
Non-competitive cycling in Nova Scotia



Affiliated with Bicycle Nova Scotia
and the Canadian Cycling Association

www.randonneurs.ns.ca

