

RANDONNEURS NOVA SCOTIA 2016 RIDE SCHEDULE

Sat Apr 2	Minesville – Seaforth Graham's Grove 10AM 75KM
Sat Apr 9	Gay's River – Stewiacke Elmsdale 10AM 75KM
Sat Apr 16	West Gore – Ashdale St. Croix 10AM 95KM
Sat Apr 23	Beaver Bank – Nine Mile River Armdale roundabout 10AM 130KM
Sat Apr 30	Wittenburg – Hardwood Lands century Graham's Grove 9AM 160KM
Sat May 7	Lakelands – Elderbank 200k brevet Bedford 8AM 200KM
Sat May 14	White Rock – Welsford 200k Brevet St. Croix 8AM 200KM
Sat May 21	Sheet Harbour – Brookfield 300k Brevet Graham's Grove 6AM 300KM
Sat May 28	"Fleche Atlantic" team distance challenge Pre-register by May 10th
Sat June 4	Shubenacadie – New Ross 400k Brevet Armdale roundabout midnight 400KM
Sun June 12	Wittenburg – Upper Stewiacke Milford 9AM 125KM
Sat Jun 18/ Sun Jun 19	Bear River – Berwick – Brookfield 600k Brevet Armdale roundabout 6AM 600KM
Sat June 25	Peggy's Cove loop Armdale Roundabout 9AM 95KM
Sat July 9/ Mon July 11	Northern Nova Scotia 1000k Brevet Armdale Roundabout 5AM 1000KM

LONG DISTANCE CYCLING CLUB 2016 RIDE SCHEDULE

Sat July 16	Camperdown – LaHave Mahone Bay 10AM 120KM
Sun Aug 7	Heart Of The Valley Century Ride Middleton 160 KM
Sat Aug 20	Clam Harbour Century Armdale roundabout 9AM 160KM
Sat Aug 27	Cape George Egerton 9AM 145KM
Sat Sept 10	Lunenburg – LaHave Lunenburg 9AM 100KM
Sat Sept 17	Peggy's – Aspotogan 200k Brevet Armdale roundabout 8AM 200KM
Sat Sept 24	Culloden – North Branch Digby 11AM 70KM
Sun Sept 25	Gran Fondo Baie St-Marie Saulnierville 8AM 120KM
Sat Oct 1	White Rock – New Ross Windsor 10AM 125KM
Oct 8-9	Cabot Trail Challenge Baddeck 300KM
Sat Oct 15	East Gore – Riverside Elmsdale 10AM 100KM
Sat Oct 22	Pleasant River - Pleasantfield Bridgewater 10AM 100KM
Sat Oct 29	Hubbards `n back Armdale roundabout 10AM 100KM
Sat Nov 5	Three Fathom Harbour Graham's Grove 10AM 87KM

Randonneurs Nova Scotia Long Distance Cycling Club

What is Randonneuring? In a nutshell, randonneur cycling is long-distance non-competitive cycling. Riders “compete” against time, distance, and the elements instead of against each other. The emphasis is on riding as a group, to share the draft and achieve long distances comfortably. Whether you come from a commuting, touring, recreational, or racing background, long-distance cycling offers a new challenge.

Brevet Series: A “brevet” is a special ride, over a pre-set route and distance, which must be completed within designated time limits with check-ins at control points. Your completed brevet control card will be forwarded to the world-wide sport-governing body, les Randonneurs Mondiaux in France, to earn medals to recognize your accomplishment.

We welcome new members. Riders interested in long-distance cycling should be fit and self-sufficient cyclists. Riders should be capable of maintaining their own bicycles and should carry sufficient tools, food, and clothing to complete the ride. For rides that start or finish after dark, proper lighting and reflective clothing is mandatory. We can advise you on equipment selection and gearing choices.

Club membership: Download the membership application at <http://www.randonneurs.ns.ca/Resources>

Contact: Mark Beaver 902-455-2878
markbeaver61@gmail.com
www.randonneurs.ns.ca

nova scotia randonneurs

LONG • DISTANCE • CYCLING • CLUB

2016 RIDE SCHEDULE

Dedicated to the promotion of long-distance
Non-competitive cycling in Nova Scotia



Affiliated with Bicycle Nova Scotia
and the Canadian Cycling Association

www.randonneurs.ns.ca

