

RANDONNEURS NOVA SCOTIA 2017 RIDE SCHEDULE

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| Sat Apr 1 | <u>Hammonds Plains – Tantallon</u> Armdale roundabout 10AM 52KM |
| Sat Apr 8 | <u>Kingswood – Waverley</u> Armdale roundabout 10AM 72KM |
| Sat Apr 15 | <u>Gay's River – Stewiacke</u> Enfield 10AM 80KM |
| Sat Apr 22 | <u>Burlington – Gore</u> St. Croix 10AM 113KM |
| Sat Apr 29 | <u>Elderbank – Shubenacadie century</u> Graham's Grove 9AM 160KM |
| Sat May 6 | <u>MacPhee Corner – Alton 200k Brevet</u> Graham's Grove 8AM 200KM |
| Sat May 6 | <u>Rawdon – Nine Mile River</u> Graham's Grove 8AM 120KM |
| Sat May 13 | <u>Coldbrook – Annapolis 200k Brevet</u> Coldbrook 8AM 200KM |
| Sat May 20 | <u>Lakelands – Lake Paul 300k Brevet</u> Armdale roundabout 6AM 300KM |
| Sat May 27 | "Fleche Atlantic" team distance challenge Pre-register by May 13th |
| Sat June 3 | <u>Maitland – West River 400k Brevet</u> Bedford midnight 400KM |
| Sat June 10 | <u>Walton – Cheverie</u> Garland's Crossing 10AM 100KM |
| Sat Jun 17/ Sun Jun 18 | <u>Liverpool – Avonport 600k Brevet</u> Armdale roundabout 6AM 600KM |
| Sat June 24 | Aspotogan loop Armdale Roundabout 9AM 155KM |

LONG DISTANCE CYCLING CLUB 2017 RIDE SCHEDULE

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| Sat July 8/ Mon July 10 | <u>Eastern Nova Scotia 1000k Brevet</u> Graham's Grove 5AM 1000KM |
| Sat July 15 | <u>Wentworth – Nuttby</u> Onslow 10AM 130KM |
| Sat July 29 | Tri-Province Tour Pictou 6AM 285KM |
| Sat Aug 12 | <u>Meteor Shower Midnight 200k Brevet</u> Bedford 10PM 200KM |
| Sat Aug 26 | <u>Clam Harbour Century</u> Armdale roundabout 9AM 160KM |
| Sat Sept 9 | <u>Lunenburg – LaHave</u> Lunenburg 9AM 100KM |
| Sat Sept 16 | <u>Parrsboro – Masstown 200k Brevet</u> Masstown 8AM 200KM |
| Sat Sept 23 | <u>Hillsvale – Beaver Bank</u> Bedford 10AM 105KM |
| Sat Sept 30 | <u>Hall's Harbour</u> Port Williams 10AM 100KM |
| Sat Oct 7 | <u>River John – Scotsburn</u> Tatamagouche 10AM 100KM |
| Sat Oct 14 | <u>Goff's – Wittenburg</u> Enfield 10AM 95KM |
| Sat Oct 21 | <u>Bishopville – Sunken Lake</u> Windsor 10AM 83KM |
| Sat Oct 28 | <u>East Uniacke</u> Bedford 10AM 80KM |
| Sat Nov 4 | <u>Chezzetcook – Montague</u> Graham's Grove 10AM 75KM |

Randonneurs Nova Scotia Long Distance Cycling Club

What is Randonneuring? In a nutshell, randonneur cycling is long-distance non-competitive cycling. Riders “compete” against time, distance, and the elements instead of against each other. The emphasis is on riding as a group, to share the draft and achieve long distances comfortably. Whether you come from a commuting, touring, recreational, or racing background, long-distance cycling offers a new challenge.

Brevet Series: A “brevet” is a special ride, over a pre-set route and distance, which must be completed within designated time limits with check-ins at control points. Your completed brevet control card will be forwarded to the world-wide sport-governing body, les Randonneurs Mondiaux in France, to earn medals to recognize your accomplishment.

We welcome new members. Riders interested in long-distance cycling should be fit and self-sufficient cyclists. Riders should be capable of maintaining their own bicycles and should carry sufficient tools, food, and clothing to complete the ride. For rides that start or finish after dark, proper lighting and reflective clothing is mandatory. We can advise you on equipment selection and gearing choices.

Club membership: Download the membership application at <http://www.randonneurs.ns.ca/Resources>

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2017 RIDE SCHEDULE

Dedicated to the promotion of long-distance
Non-competitive cycling in Nova Scotia



Affiliated with Bicycle Nova Scotia
and the Canadian Cycling Association

www.randonneurs.ns.ca

