

## RANDONNEURS NOVA SCOTIA 2006 RIDE SCHEDULE

- Sat Apr 8 **Minesville loop**  
Graham's Grove 10 AM 75KM
- Sat Apr 15 **Chester – New Ross – Newburne**  
Chester Basin 10 AM 100KM
- Sat Apr 22 **Dollar Lake loop**  
Graham's Grove 10AM 120KM
- Sat Apr 29 **Brooklyn – Stanley**  
St. Croix 10 AM 100KM
- Sat May 6 **Pleasant River – Pleasantville**  
Bridgewater 10 AM 100KM
- Sat May 13 **Rawdon – Maitland 200k Brevet**  
Graham's Grove 8 AM 200KM
- Sat May 13 **Rawdon – Milford**  
Graham's Grove 8 AM 140KM
- Sat May 20 **Fleche Maritime (team 24-hour randonnee)**  
Pre-registration only - by May 7<sup>th</sup>
- Sat May 27 **Coldbrook – Annapolis Royal 200k Brevet**  
Coldbrook Tim's 8AM 200KM
- Sat May 27 **Coldbrook – Middleton**  
Coldbrook Tim's 10AM 100KM
- Sat June 3 **Chester – Berwick – Windsor 300k Brevet**  
Halifax Rotary 6AM 300KM
- Sat June 3 **Chester – New Ross – Windsor**  
Halifax Rotary 6AM 210KM
- Sat June 10 **Sheet Hbr – Stellarton – Stewiacke 400k Brevet**  
Graham's Grove 6AM 400KM
- Sat June 10 **Mooseland – Middle Musquodoboit**  
Graham's Grove 6AM 220KM
- Sat June 17 **Wentworth – Scotsburn 200k Brevet**  
Lower Onslow 8AM 200KM
- Sat June 17 **Wentworth – Nuttby**  
Lower Onslow 8AM 130KM

## LONG DISTANCE CYCLING CLUB 2006 RIDE SCHEDULE

- Sat Jun 24/ **Shelburne – Annapolis 600k Brevet**  
Sun Jun 25 Pre-register by Sun June 11 - Dave 860-0520  
Halifax Rotary 5AM 600KM
- Sat Jun 24 **Chester – Blandford**  
Halifax Rotary 5AM 160KM
- Sat July 1 **Beaverbank – Hillsvale**  
Sunnyside Tim's 10AM 100KM
- Sat July 8 **Sheet Harbour – Upper Musquodoboit**  
Musquodoboit Hbr 8AM 190KM
- Fri July 14 **Rexton – Chipman 1000k Brevet**  
Sat July 15 Pre-register by Sun June 18 - Dave 860-0520  
Sun July 16 Graham's Grove 5AM 1000KM
- Sat July 29 **Noel Shore In A Day**  
Halifax Rotary 7AM 250KM
- Sat Aug 19 **Tri-Province Tour: PEI/NB/NS In A Day**  
The only ride in Canada where you can cycle three provinces  
in one day! Pre-register by July 31 – Mark 455-2878  
Wood Islands PEI 6AM 275KM
- Sun Sept 3 **Cabot Trail In A Day 300k Brevet**  
Pre-register by Sun Aug 13 - Dave 860-0520  
TBA 6AM 300KM
- Sat Sept 16 **Halifax – Windsor – Chester 200k Brevet**  
Halifax Rotary 8AM 200KM
- Sun Sept 24 **"Joseph Howe Century Tour"**  
Nova Scotia's most popular 100 mile ride  
Organized by Velo Halifax Bicycle Club  
Graham's Grove 8AM 160KM
- Sat Sept 30 **New Germany – Northfield**  
Mahone Bay 9AM 120KM
- Sat Oct 14 **Windsor – Kentville – New Ross**  
Windsor 9AM 125KM
- Sat Oct 21 **Stanley – Rawdon**  
St. Croix 10AM 100KM

## Randonneurs Nova Scotia Long Distance Cycling Club

**What is Randonneuring?** In a nutshell, randonneur cycling is long-distance non-competitive cycling. Riders “compete” against time, distance, and the elements instead of against each other. The emphasis is on riding as a group, to share the draft and achieve long distances comfortably. Whether you come from a commuting, touring, recreational, or racing background, long-distance cycling offers a new challenge.

**Brevet Series:** A “brevet” is a special ride, over a pre-set route and distance, which must be completed within designated time limits with check-ins at control points. Your completed brevet control card will be forwarded to the world-wide sport-governing body, les Randonneurs Mondiaux in France, to earn medals to recognize your accomplishment.

**We welcome new members.** Riders interested in long-distance cycling should be fit and self-sufficient cyclists. Riders should be capable of maintaining their own bicycles and should carry sufficient tools, food, and clothing to complete the ride. For rides that start or finish after dark, proper lighting and reflective clothing is mandatory. We can advise you on equipment selection and gearing choices.

**Club membership:** You must be a club member to participate in club rides and brevet rides. Annual membership is \$40 per year, or \$20 for those who already hold a BNS general membership card or a BNS racing license. You can join the club at any club ride, or phone:

President: Mark Beaver 455-2878  
mark.beaver@ns.sympatico.ca  
Vice-President: Dawn Gillingham 443-5753  
aurorabikes1@aol.com



## 2006 RIDE SCHEDULE

dedicated to the promotion of long-distance  
non-competitive cycling in Nova Scotia



Affiliated with Bicycle Nova Scotia  
and the Canadian Cycling Association

[www.bicycle.ns.ca/clubs](http://www.bicycle.ns.ca/clubs)